



Seconds count in medical emergencies. Being informed and prepared can make a difference if it is your emergency. TVF&R **makes EMERGENCY MEDICAL CARDS** available to place on your refrigerator. It will save First Responders valuable time and can Save Your Life! The cards are available at the Activity Center reception desk.

TVF&R
Tualatin Valley Fire & Rescue

MEDICAL EMERGENCY INFORMATION
Please place this card on the outside of your refrigerator

DATE COMPLETED: _____

NAME:	Blood Thinner	Yes	No
DATE OF BIRTH:			
PHYSICIAN(S) NAME AND PHONE NUMBER	Medications	DOSAGE	FREQUENCY
1. _____			
2. _____			
3. _____			
CONTACT(S) NAME AND PHONE NUMBER			
1. _____			
2. _____			
3. _____			
Surgeries/ Implants/ Transplants			

LOCATION OF ADVANCE DIRECTIVES (if applicable)			
DNR, POLST & POA require additional forms. Check which form(s) you have			
<input type="checkbox"/> DNR - Do Not Resuscitate			
<input type="checkbox"/> POLST - Physicians Orders for Life-Sustaining Treatment			
<input type="checkbox"/> POA - Power of Attorney			
Please list location of DNR, POLST & POA name & numbers:			

MEDICAL CONDITIONS (Check all that apply and list other conditions. Provide additional information below)			
<input type="checkbox"/> No medical conditions	<input type="checkbox"/> Hypertension		
<input type="checkbox"/> Alzheimer's/Dementia	<input type="checkbox"/> Renal Failure/Shunt		
<input type="checkbox"/> Asthma/COPD	<input type="checkbox"/> Seizure Disorder		
<input type="checkbox"/> Bleeding Disorder	<input type="checkbox"/> Stroke		
<input type="checkbox"/> Diabetes/Insulin Dependent	<input type="checkbox"/> _____		
<input type="checkbox"/> Heart Attack/Heart Problems	<input type="checkbox"/> _____		
SEVERE ALLERGIES & DRUG REACTIONS (List any severe allergies and/or drug reactions below)			
<input type="checkbox"/> No known allergies or reactions	<input type="checkbox"/> _____		
Please provide more details on medical conditions listed above and/or other information emergency responders should know:			

HOSPITAL PREFERENCE			
You might be transported to a different hospital based on your condition and/or availability.			
Tualatin Valley Fire & Rescue Command & Business Operations Center - 11945 SW 70th St., Tualatin, OR 97223 - 503-649-8537 PE-35 (01/20)			