

**CHARBONNEAU COUNTRY CLUB EMERGENCY PREPAREDNESS COMMITTEE
NEIGHBOR CARE BULLETIN
11/11/2020**

Clackamas & Marion Counties in two-week pause to fight COVID-19

Governor Kate Brown has announced new measures pausing social activities to help stop the rapid spread of COVID-19 in counties where community transmission is on the rise. **These pause measures will be in effect for two weeks, from Nov. 11 through Nov. 25,** Based on increasing statewide case counts, the new public health measures to reduce spread are an effort to save lives in Oregon.

“It is alarming that recent high case rates are not linked to any specific outbreaks, but rather reflective of sporadic community spread,” said Governor Brown. “We are seeing in real time how this virus can quickly snowball out of control. This Two-Week Pause is a series of measures and recommendations intended to curb human contact — both through reducing the amount of people we interact with, and the frequency of those encounters. **We must stop this virus from spreading. We must preserve our hospital capacity. And we must save lives.**”

“Please don’t wait to do your part to slow the spread of COVID-19,” says Clackamas County Public Health Officer Doctor Sarah Present. “We understand people miss seeing their loved ones, and it’s more challenging to wear a face covering and distance when we are with people we trust. However, **we are not going to contact trace or test our way out of this pandemic. The change will come when individual behavior changes collectively – that’s in our control.**”

Most people who contract COVID-19 get it from family and friends who are increasingly attending indoor social gatherings and aren’t using face coverings. Public health officials find that most positive COVID-19 cases in Clackamas County are from social gatherings large and small. Officials say **a two-week pause should help slow the spread of the virus before maxing out hospital capacity, putting a strain on PPE supply chains and requiring further lockdown.**

The Two-Week Pause measures includes:

- Pausing long-term care facility visits that take place indoors to protect staff and residents;
- limiting social gatherings to your household, or no more than six people total if the gathering includes those from outside your household. Reducing the

frequency of those social gatherings (significantly in a two-week period) and keeping the same six people in your social gathering circle.

- reducing the number of patrons in restaurants and bars;
- asking businesses to require staff to work from home as much as possible.